

Winter Adventure Week 2022-2023

Welcome to Wilderness Adventures Sweden in the beautiful Ragunda Valley in Jämtlands Län. A thick layer of snow, a sleigh ride with huskies, the magical northern lights and a wood-fired Finnish sauna sounds like music to your ears? Then you're in the right place with us in north central Sweden with the passage to southern Lapland. Where winter gives you a different meaning. We put together a special "Winter Adventure Week".

Here you will be part of Winter Wonderland with crystal clear starry skies, thick snow, sunny days, magical twilights and finally the chance of the natural phenomenon the "Northern Lights". At Wilderness Adventures Sweden, adventure awaits you and with a warm and cozy private accommodation as your home base.

THIS WEEK INCLUDES:

- 7 nights in one of these rustic locations: the wildlife themed holiday apartment or the Swedish Timber Cottage.
- A welcome gift, bed linen package, towel package, WiFi and final cleaning of the accommodation.
- A cozy meet & greet campfire evening at the Ranch.
- A dinner night with exclusive moose steak stew from our own hunt.
- A full day snowmobile safari tour, with guide + Lappish kota lunch.
- A full day to a husky farm and your own team of sled dogs making memories, with guide + Lapse kota dinner.
- A snowshoe hike to a special location, coffee from the fire, with guide (4 hours total), campfire lunch is optional.
- Ice fishing at a remote lake, with a beautiful scenic drive through Winter Wonderland, fika and with guide (5 hours total), campfire lunch is optional.
- A private evening artic sauna experience in a wood-fired Finnish sauna with relaxation area and outdoor deck. Including snacks and drinks.
- Northern Lights Wake-Up Service.

The day after your arrival and a weekday is free for your own activities during this Adventure Week. There are two ski slopes in the area with ski and snowboard rental. In the surroundings there are several trails for cross-country skiing and also ski rental. You can also book our Happy Trails winter horseback ride. You can go sightseeing in the beautiful surroundings or just chill and relax. There are several villages in the area where you can find a supermarket, petrol pump and some dining options.

Your Adventure Week

Day 1-Saturday

Arrival

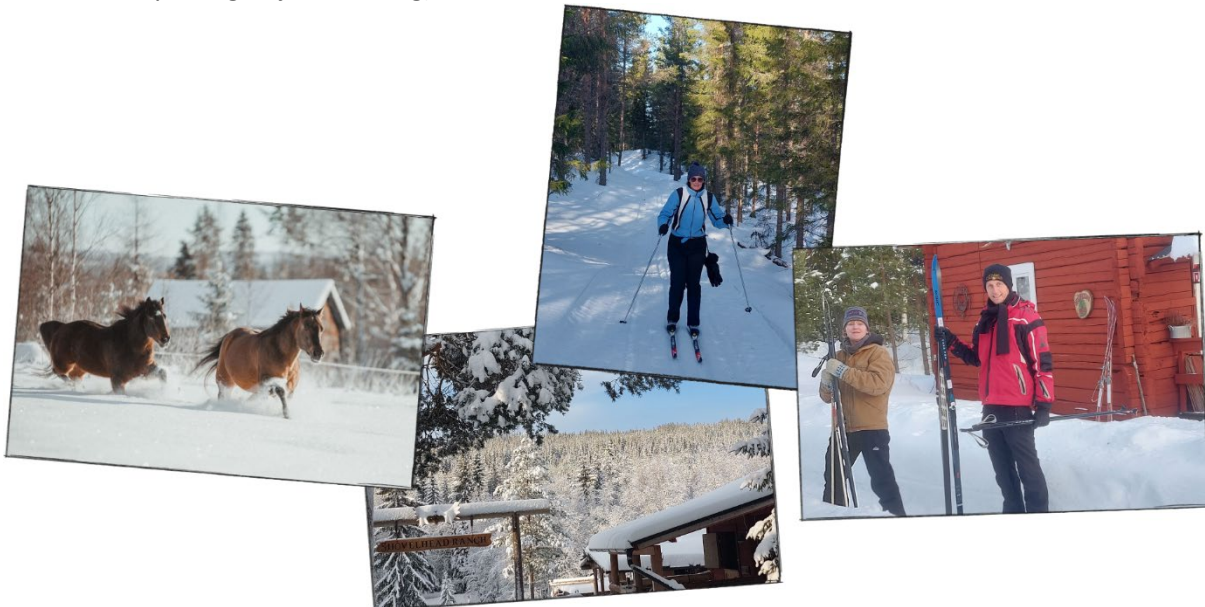
You arrive at Wilderness Adventures Sweden in Sörböle, Bispgården, at the end of the day. A warm welcome by your hostess/guide and organizer of this week, Monique Vermeer and her partner Anders. We enjoy a Swedish fika together with coffee/tea and treats.

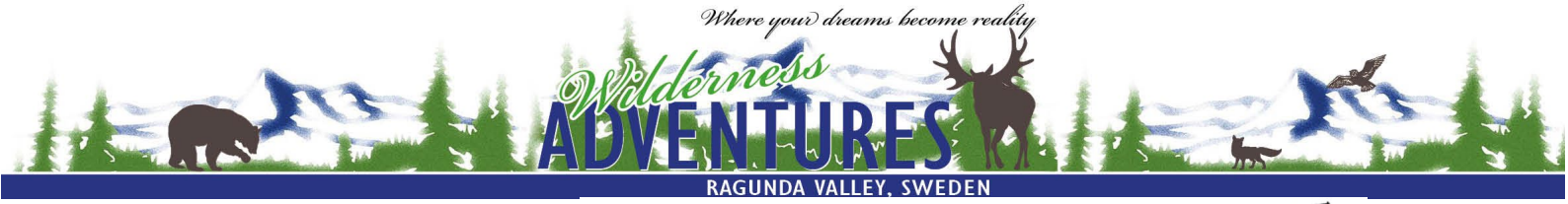
Then you settle down in your cozy holiday apartment at the Ranch or Anders will bring you personally to the Timber Cottage.



Day 2-Sunday

Tour of the Wilderness Adventures Sweden grounds, the Ranch and we greet the horses. Then you have the afternoon for your own interpretation (perhaps with some sightseeing, skiing or hiking, cross-country skiing or just relaxing).





Campfire Meet & Greet, in the evening we sit cozy and warmly dressed in the snow banks around a crackling campfire. We get acquainted and go through the upcoming Adventure Week.



Day 3-Monday

Guided snowshoe hike with guide Monique

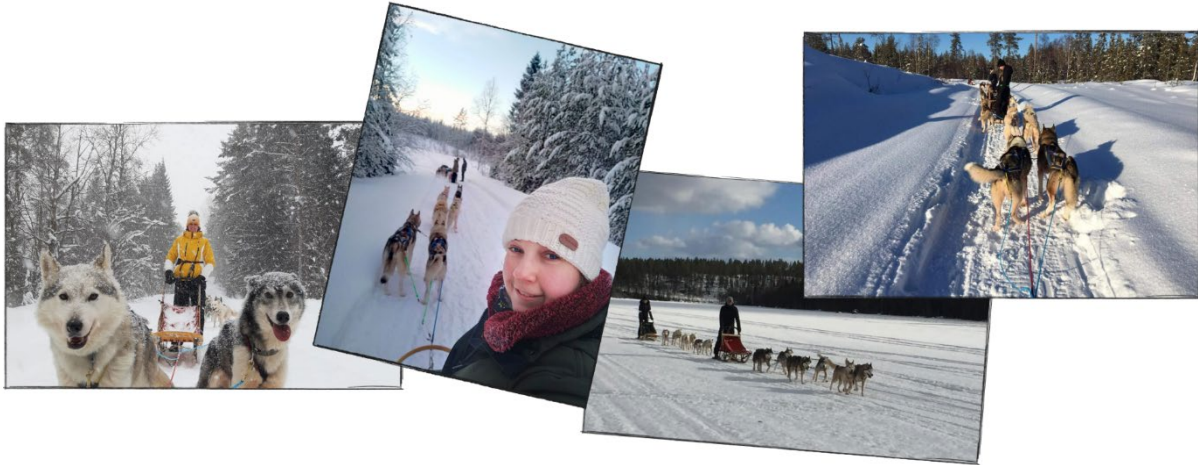
A sporty winter experience to a historic location. Monique guides a snowshoe hike through an old path with tall snowy trees to a special destination site. During this trip you will enjoy the winter landscape. At the special destination we sit down in a log cabin with coffee from the fire and a wilderness lunch as an option. Monique likes to talk about the Indalsälven river and the typical landscape with its nature and wildlife.



Day 5-Tuesday

Sled dog tour with guide Hasse

With this top activity you sled with your own team of Siberian Huskies. But before you go there is the introduction to the huskies. On the spot, Hasse & Carolina will check which dogs go with whom in the team and the duration and type of the tour. After helping with harnessing and instructions, you follow the guide. You set off with your husky team over hills and valleys, through forests, small paths and over lakes. You also help unhitch the dogs afterwards. During a stop in the wilderness there is fika. Back at the husky farm a delicious dinner from the fire is served in the Lappish kota. Cozy up around the fire enjoying dishes of reindeer sausage, local cheeses and fresh salmon. Your guide will take pictures and a video of you.



You travel to the husky farm with your own (rental) car (1.5 hours scenic route). There is a chance to spot reindeer and moose on the way. An active day, sweet huskies, a fantastic meal and experiences never to be forgotten!

Day 5-Wednesday

Ice fishing with guide Monique

A scenic drive by car with beautiful views as we drive through the hills to a remote lake where we go ice fishing. We fish on Arctic fish species called "öring" and "röding". One is trout species and the other a salmon species. Called "ädfisk" in Sweden, and these species thrive in our cold waters. Includes equipment such as ice auger, fishing rods, fishing license, bait, chairs, transportation and includes fika and with a wilderness lunch as an option.

Jack the dog (Aussie) also comes along and he pulls a traditional Swedish "pulka" sled with some firewood. He loves to help and it is extremely fun to watch him proudly pull his sled along. Your guide will prepare lunch from the fire on site. Perhaps you have a catch and want to prepare the beautiful fish at home for dinner? Your guide will take photos and videos.



Day 6-Thursday

Your morning and afternoon are for your own enjoyment.

Wellness Retreat

In the evening or afternoon, you enjoy & relax in the "Zen" Sauna. This is recently self-built and is the pride of Monique.

A wood-fired (color) sauna with warm lava stones that spread a wonderful aroma, by infusing with some water and an essential fragrance. Each aroma has its own positive effect on body and mind. Outside on the deck are seats where you can cool off and make a roll in the snow that makes your skin tingle. Adjacent is a relaxation area where you start with a herbal foot bath. Includes a bathrobe, slippers, towel and a basket of refreshments and savories.

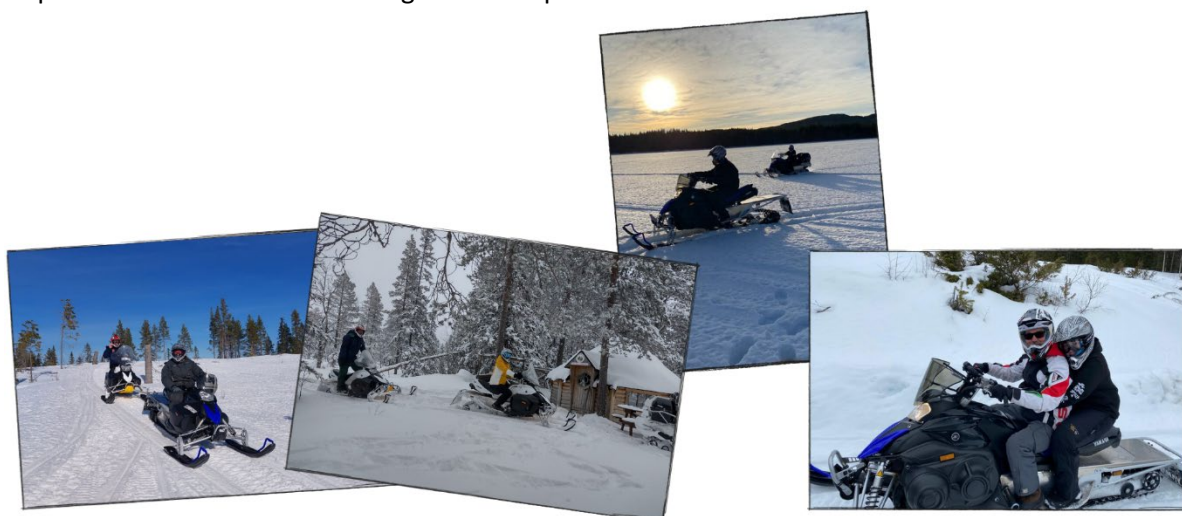


Day 7-Friday

Snowmobile Safari Tour with guide Wilco

Another top activity and after the instructions you follow the guide and tour away on your own cool snowmobile. An active day tour including guide, fika and lunch. You tour through forests, open plains, over lakes and hills with great views. There is a big chance of spotting big game like reindeer and moose on the way. An unforgettable day!

You travel to this destination by your own (rental) car (1.5 hours scenic route) with again the chance to spot reindeer and moose. Your guide takes pictures and videos.



Dinner with moose steak

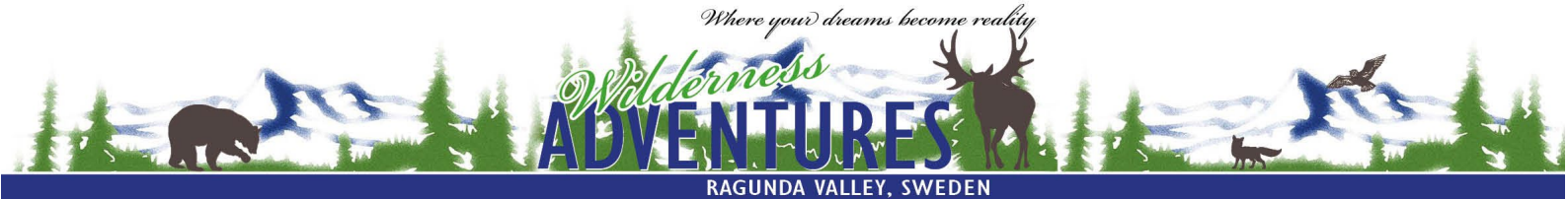
This is the opportunity to taste moose meat. And not just any meat, because this is from our own hunt. Monique makes this delicious stew of local products and tender moose steak. Ice cream and coffee as desert.

This exclusive dinner is served at Monique's more than 100-year-old bakery table. She prepares it on a wood-fired kitchen stove. We take some time to review the Adventure Week.



Day 8-Saturday

Our farewell and your journey back home.



More information about both accommodations

The Wildlife themed holiday apartment

This cozy holiday apartment features various "Sami" and wildlife decorations and is located across the entire top floor of the typical Swedish homestead of "Wilderness Adventures Sweden". With a large private roof terrace where you can enjoy the view over the Ranch with horses, the valley and the beautiful ridge with the run up to the wilderness. Also, a perfect place to watch the Northern Lights. No sounds of traffic, no lights and air pollution. We drink and shower with own pure spring water from the hills and there is a wood-fired heater throughout the house.

This fully furnished holiday apartment includes a kitchen, separate toilet with sink, shower room with sink and accommodates up to 4 people. There is a king size bed with quality mattresses in the main room as well as an inviting lounge area and dining area, there is a 160 x 200 bed with quality mattresses in the additional room with sitting-dining area with a nice view at the entrance of the property.

[More information and photos about the holiday apartment](#)

The Swedish Timber Cottage

The Timber Cottage is located 15 minutes from the Ranch and on the other side of the river. Located in the hills above the village of Bispgården. This charming log house with cozy furnishings is located right next to the forest. It includes a kitchen diner, living room, shower with toilet and upstairs there is a large open sleeping loft under the rustic roof timbering. Here are 2 x double beds with quality mattresses and accommodates up to 4 people. There is a wood stove in the living room and the house is heated by mountain heating.

[More information and photos about the Timber Cottage](#)

Extra Service

Northern Lights Wake Up Service

With only 600 km south of the Arctic Circle, from September to April there is a chance to admire the magical "Northern Lights" here.

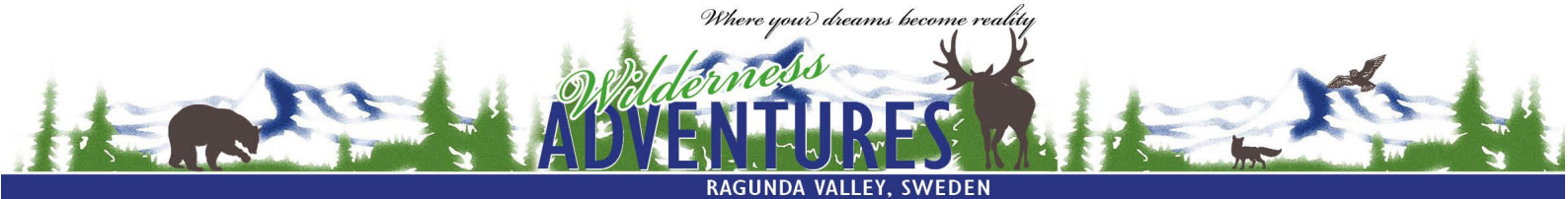
You won't miss it, as your hostess will even wake you up when this special green light dances in the sky!

No guarantee can be given as this natural phenomenon is difficult to predict. As well as the time it lasts, the intensity and colors of the light, not to mention the clarity of the sky in terms of clouds, snowfall or full moon.

But if you are lucky...you can enjoy this natural wonder from your own roof terrace or garden.

Moose and deer can be spotted all around the area and even from the holiday apartment and the Timber Cottage. We have a mineral stone set up behind the creek near the Ranch and a mineral stone next to the Timber Cottage. Moose but also deer and roe deer love the mineral salt in the winter, it gives them extra energy and stimulates the moisture balance.





For whom is this week intended?

This Adventure Week is suitable for adults and/or young adults from the age of 16. Our target group is the nature lover who likes action, but also appreciates peace and quietness. Furthermore, the various activities require a good basic condition!

Lunch options during the Adventure Week

During the snowshoe hike and ice fishing we offer 3 types of lunches to order or you can bring your own:

- Lunch 1 Campfire lunch with various Swedish meat products, Swedish stuffed tunnbread wrap and soup - Costs SEK 350
- Lunch 2 Campfire lunch vegetarian with vegetarian stuffed tunnbread wrap, vegetable soup and vegetarian grill products - Costs SEK 450
- Lunch 3 Campfire lunch with gluten-free topped bread, various Swedish meat products and soup - Costs SEK 450

Important!

- Travel tips and car rental can be found on our website under [Contact](#).
- You will be driving on local snow roads and therefore we recommend a car with studded tires and if possible a 4 x 4.
- Do you have any medical conditions or use medication that we should know about?
- Participating in all activities is at your own risk.
- A good basic condition is required.
- We recommend travel and cancellation insurance.

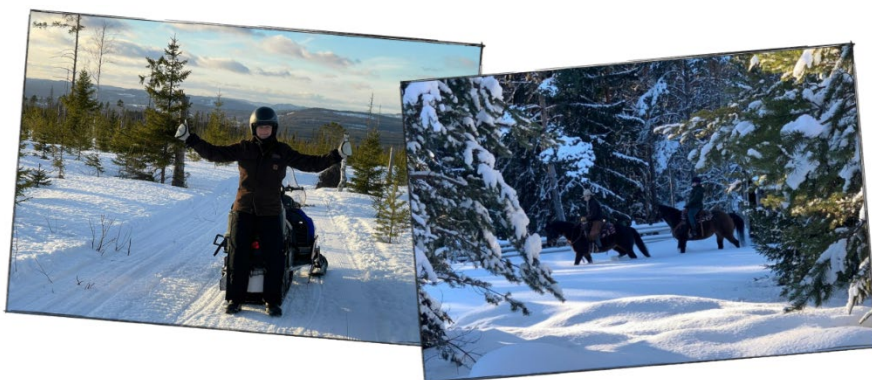
For questions, availability and or pricing → contact Monique.

Phone: 0046-73 847 8924/ Email: info@wildernessadventuressweden.com or messenger.

Wilderness Adventures Sweden's concept is small scale and personal = micro tourism.

Check our [website](#) for many photos under Adventures, or our Social Media channels. You can read many guest reviews on Wilderness Adventures Sweden Google.

Welcome and adventurous greetings,
Wilderness Adventures Sweden
Hostess, organizer & guide,
Monique Vermeer



****YOU ARE WELCOME TO ENJOY OUR
BEAUTIFUL NATURE****

