

To participate in our activities, it is required to sign the declaration below and return it to us before arrival.

This information can also be found on our website under 'contact'.

## **Own risk declaration**

"I hereby declare, with respect to participation in all activities, that I am participating in this trip entirely at my own risk. I will not hold the organization of this trip liable in any way for damages arising from accidents in which I may become involved. My participation in this trip is therefore at my own risk. I have a liability insurance and am aware of the safety requirements. I will reimburse the owner for damage caused (intentionally or unintentionally) to accommodation, grounds, buildings, materials and/or animals."

Signature:



"I declare that I am in sufficiently good physical and mental health and will consult my doctor in case of doubt. I will in no way hold the organization of the trip liable for accidents or damages arising during the trip from insufficient physical and/or mental health. My participation in this trip is therefore at my own risk."

Signature:

Name:

Place:	 Destination:	
Date:	 Departure date:	

A photo of this completed declaration can be emailed to <u>info@wildernessadventuressweden.com</u> or hand the completed declaration to Monique Vermeer of Wilderness Adventures Sweden on site.

# Explanation of own risk declaration

### Liability and responsibility

Wilderness Adventures Sweden will try in many ways along the way to ensure participants' safety and reduce the risk of accidents. We will give good advice regarding protective clothing and require participants to adhere to it. We will also give the best possible advice regarding participation in traffic. Finally, we try to match the difficulty of the off-road routes as much as possible to the level of the participants.

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Because the participants are, among other things, driving a vehicle themselves, Wilderness Adventures Sweden cannot hold itself responsible for any accidents and material or physical damage resulting from them. In order to make this limitation of liability as clear as possible, Wilderness Adventures Sweden must receive a signed "own risk declaration" prior to departure.

#### Medications, illnesses and physical condition

If you are dependent on medication (such as insulin) or have certain restrictions due to your health, you must inform us of this at the beginning of the trip. If you are not sure whether you can accompany us during the activities because of certain illness or health problems, please contact your doctor well before departure. Keep in mind that the activities can be physically and mentally strenuous and that this can be intensified if weather conditions are adverse or other external factors affect the trip.

### Weather conditions and natural influences

Our activities are planned as best we can in most favorable weather conditions. However, nothing is as unpredictable as the weather. The weather can force us to adjust the program or in case of very bad forecasts to end the activities early in consultation with the participants. Wilderness Adventures Sweden will in this case offer alternatives and implement them by mutual agreement. However, Wilderness Adventures Sweden does not hold itself liable in any way for the consequences of these external influences on the activities.