

Spring and Summer Adventure Week

Welcome to Wilderness Adventures Sweden in the beautiful Ragunda Valley in Jämtlands Län. In Summer the sun never sets here and there are 22 hours of sunshine per day! The rugged nature, many rivers and lakes make it the ultimate wilderness to enjoy. At Wilderness Adventures Sweden, adventure awaits you and with a warm and cozy private accommodation as your home base.

THIS WEEK INCLUDES:

- 6 nights in the wildlife themed holiday apartment or in the Pioneer Cabin
- Bear & Wildlife Spotting including an overnight stay at the hide-out
- A cozy meet & greet campfire evening at the Ranch
- Guided hike "Running water"
- Guided hike to National Park Döda Fallet
- Moose safari tour in the evening
- Canoeing the Indalsälven river
- Outdoor Cooking evening at the Big Moose Grillhut
- Several fika moments, campfire lunches and Swedish breakfast on day 2
- Bed linen package, towel package, WiFi and final cleaning of the accommodation.

There are several villages in the area where you can find a supermarket, petrol pump and some dining options.

Your Adventure Week

Day 1- Saturday

A warm welcome in the Pioneer Cabin

When arrival at the Shovelhead Ranch, there is fika = (typical Swedish coffee/ tea moment and bakery) in the 200+ year old Pioneer Cabin. You will be welcomed by Monique Vermeer; your hostess, guide and organizer of your week.

For the evening it is settling down in your cozy holiday apartment (in wildlife theme) where you will be staying this week. It is also possible to rent the Pioneer Cabin, which is located also on the property.

Day 2-Sunday

Swedish Breakfast

A delicious start of the vacation, a Swedish breakfast. This day is for your own to enjoy.

Tip: a walk to the historic suspension bridge over our beautiful Indalsälven river.

Meet & greet Campfire evening

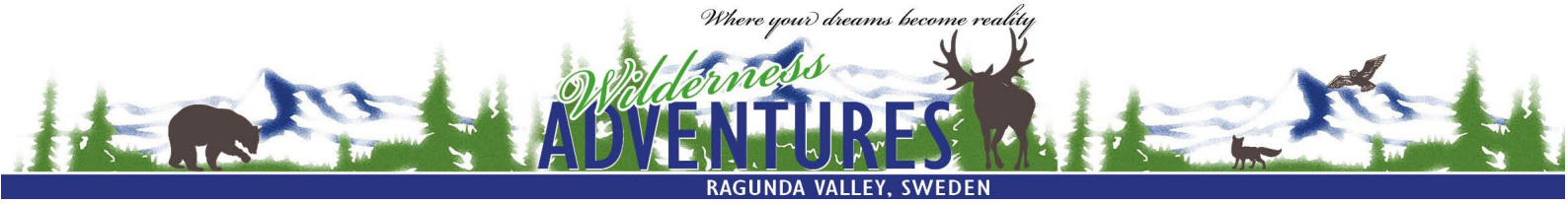
Always great to enjoy a real campfire and we have a look at your adventure week program.

*Inclusive fika (coffee, tea and bakery)

Day 3-Monday

Guided Hike Running water

This includes 3 running waters and is a guided hike along the southern bank of the Indalsälven River where we walk to the 30-meter-high Meåfallet waterfall, a short but beautiful hike through a nature reserve with a visit to the Norwegian border stone.



Then we drive by car across the hydroelectric power plant and head to the north side of the Indalsälven River where we resume the hike. This is also a nature reserve and where we follow a beautiful rugged stream.

Total is about 4.5 hours with breaks and explanations of the flora and fauna, including fika and a campfire lunch along the way.

Day 4-Tuesday

Bear & Wildlife Spotting (our bear spotting season ends at the 15th of July)

The bear is a night animal. Here on the border towards Lapland it stays light during the nights in spring and a part of the summer. This is why this special wilderness experience is only possible for a short period of time.

In the Pioneer Cabin Monique will give her powerpoint presentation about this special wilderness activity concerning the Scandinavian brown bear. She works together with Wildlife Photographer Andreas Göransson and joined together they make this exclusive nature experience possible. Monique takes and guides you to the remote location. You will spend an evening and night in the hide-out (observation hut) with 360-degree all-around anti-glare windows. Here you have the opportunity to spot the Scandinavian brown bear and other wildlife. The location is awesome. You are not in a zoo...there are no fences and you are only surrounded by wilderness. Alone or as a couple and totally private in your own observation hut. There are 3 camera outlets for photographers.

*Includes a meal, snacks and refreshments.

Day 5-Wednesday

Relax during the day

After returning from your bear/wildlife adventure, you have time to relax after spending the night on your alert mode.

Evening Moose Safari Tour

Monique takes you on a scenic 3 hour moose spotting tour with her 4 x 4 car. We tour through the forest and hills west of the ranch. With explanations about this forest giant, its habitat and spotting in open areas, there is also the opportunity to spot other wildlife.

*Includes fika at an idyllic lake.

Day 6-Thursday

Guided hike through our National Park "Döda Fallet"

"The dead waterfall" literally translated. This waterfall was the 3rd largest waterfall in Sweden till 200 years ago, but has run out of water. Almost around the corner there's this small but very special National Park. Here once happened Sweden's biggest nature disaster (man-made). Experience the history with a walk through the wooden system of steps, through the ancient rocks of the waterfall and an extended nature hike along the river.

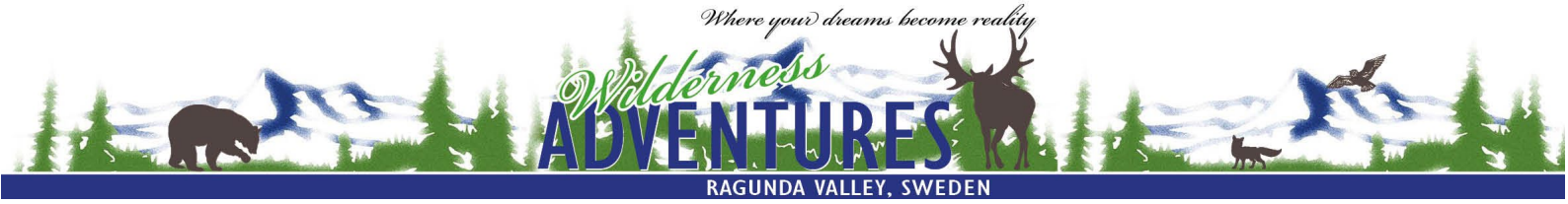
*Includes fika.

Day 7-Friday

Canoe trip on the Indalsälven

Quietly paddle about 12 km downstream and enjoy peace, clear water and beautiful scenery. There are possibilities to moor along the way and to take your time to enjoy a picnic. When you arrive the end point, you will be picked up and brought back to your car.

*Includes a well-prepped picnic basket.



Evening Outdoor Cooking at the Big Moose Grillhut

At the old western style Big Moose Grillhut we prepare and we eat together a meal with moose meat from our own hunt. We cook in a Dutch Oven on a tripod above the wood fire. There is also the opportunity for western games such as airgun shooting, lassoing and horseshoe tossing. Enjoy around the campfire with an evaluation of your vacation week.

Day 8-Saturday

Farewell and return trip.

Tip: Are you a horsy and an experienced rider, then there is the "[Happy Trail Horse Ride](#)" to book. Enjoy our beautiful nature on horseback! Only adults and a limited weight of max 90 kilo's. We enjoy together with the beautiful Quarter Horses "Mr. Utah & Cody" and we ride in Western style. Monique guides and can take 1 rider with her.

*Including a fika at the "Sheriffs Place".

More information about the accommodation

The Wildlife themed holiday apartment

This cozy holiday apartment features various "Sami" and wildlife decorations and is located across the entire top floor of the typical Swedish homestead of "Wilderness Adventures Sweden". With a large private roof terrace where you can enjoy the view over the Ranch with horses, the valley and the beautiful ridge with the run up to the wilderness. Also, a perfect place to watch the Northern Lights. No sounds of traffic, no lights and air pollution. We drink and shower with own pure spring water from the hills and there is a wood-fired heater throughout the house.



This fully furnished holiday apartment includes a kitchen, separate toilet with sink, shower room with sink and accommodates up to 4 people. There is a king size bed with quality mattresses in the main room as well as an inviting lounge area and dining area, there is a 160 x 200 bed with quality mattresses in the additional room with sitting-dining area with a nice view at the entrance of the property.

[More information and photos about the holiday apartment](#)

The Pioneer Cabin

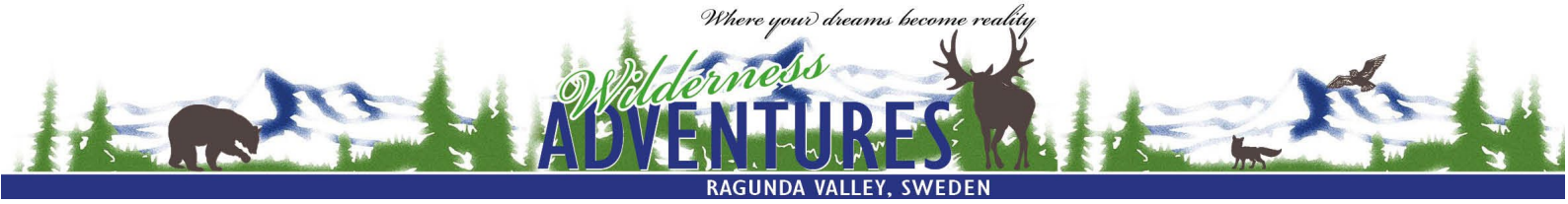
This cozy holiday place is a traditional build timber stuga from over 225 years old. As a rustic vacation destination, the stuga offers room for 2 people (35m²).



There is a separate bedroom with a comfortable double bed. This is equipped with quality mattresses and a topping. In the cozy spacious living room where you smell the woody timber, it is open to the roof plan. A loft is created which is decorated as a small pioneer museum about the Oregon Trail history. There is a kitchen wood-burning stove (vedspis in Swedish) with a coffee kettle, in the entree you find your coffee/thee corner and mini fridge, a fitted kitchen corner with cooking facilities, a dining table and there is a cozy lounge area.

Sanitary facilities are in the service building of the RV ground and is only 30 meters away. There you have your own room with toilet, shower and sink. In front of the cabin there's a lovely meadow with fruit trees. Also your picnic table and BBQ to enjoy the outdoors.

[More information and photos about the Pioneer Cabin](#)



Moose and deer can be spotted all around the area and even from the holiday apartment. We have a mineral stone set up behind the creek near the Ranch. Moose but also deer and roe deer love the mineral salt in the winter, it gives them extra energy and stimulates the moisture balance.

Important!

- Travel tips and car rental can be found on our website under [Contact](#).
- Do you have any medical conditions or use medication that we should know about?
- Participating in all activities is at your own risk.
- We recommend travel and cancellation insurance.

For questions, availability and or pricing → contact Monique.

Phone: 0046-73 847 8924/ Email: info@wildernessadventurassweden.com or messenger.

Wilderness Adventures Sweden's concept is small scale and personal = micro tourism.

Check our [website](#) for many photos under Adventures, or our Social Media channels. You can read many guest reviews on Wilderness Adventures Sweden Google.

Welcome and adventurous greetings,
Wilderness Adventures Sweden
Hostess, organizer & guide,
Monique Vermeer



****YOU ARE WELCOME TO ENJOY OUR
BEAUTIFUL NATURE****

